



YOUR CONTACT INFORMATION

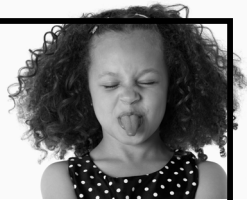
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We're dedicated to helping you be happy, healthy and successful in your journey of being a parent!

Consistency Helps Prevent Temper Tantrums

Consistency is the best means of managing temper tantrums in small children. Children will learn that they will not get their way by throwing a tantrum when adults refuse to negotiate with such behavior.

What about temper tantrums at school? Talk to your child's teachers about how you are dealing with temper tantrums at home. Lectures, emotional reactions, and timeout are all equally as rewarding as the child getting his or her way. When the child discovers this behavior does not reward him or her, the tantrums will decrease.



From the desk of
YOUR NAME

Hi Parents,

CUSTOMIZE THIS BOX!

We hope you enjoy this issue of The Happy Parent™. It is our goal here at Happy Time Child Care to help you be happy, healthy and successful in your journey of being a parent.

It is our pleasure to bring you this monthly publication filled with a little bit of humor as well as communication and parenting tips. Enjoy!

Subscribe To This Publication

If you're not a current customer with Happy Time Child Care Center and would like to receive this monthly publication, please email your contact information to us and we'll gladly add you to our mailing list. Our email address is happydirector@happytime.com

Tap Into Your Own Creativity!

Creative people may not be a breed apart, but they share certain characteristics, many of which we can all put to work. To sharpen your creative skills, work on developing these traits:

- **Curiosity.** Well, that's obvious, isn't it? But it's often forgotten in the rush of daily routine. Teach yourself to ask "Why?" about the issues and problems (and solutions) you encounter.
- **Energy.** This doesn't mean rushing madly around chasing ideas. It does require you to put some effort into collecting facts & thinking about the problem you're trying to solve.
- **Concentration.** Just as important as energy is the ability to stop and focus on what's in front of you, tuning out distractions or irrelevant activities.
- **Connecting.** You've got to look for links between elements that don't appear related at first glance. Sometimes this means finding order in chaos; sometimes it means breaking down ideas to discover what they have in common.
- **Playfulness.** Your work is serious, but you need to be able to stand back and adopt a naïve, even childlike attitude toward the world around you. This helps you ask questions and find connections in things everyone else takes for granted.
- **Persistence.** Even the great geniuses of our time don't expect success overnight. Practice self-discipline, so you can stick to your idea until it's successful.